



# **SCARLET IGNITION**

**COGNITIVE NEURO-BEHAVIOURAL PRACTITIONERS**

**KEEP IT SIMPLE! KEEP IT PRACTICAL!  
FAST EFFECTIVE ASSISTANCE FOR:**

**ANXIETY  
DEPRESSION  
UNCOUPLING  
LONELINESS  
TRAUMA  
INSECURITY  
NEGLECT  
GRATITUDE**

**BUILD THE BRAIN YOU NEED  
TO LIVE THE LIFE YOU WANT**



**081 652 1685 (Whatsapp)**



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